Step-By-Step Instructions
to Waive the University of the District of Columbia
Health Insurance Plan

- Go to [www.firststudent.com](http://www.firststudent.com)
- Select your school – “University of the District of Columbia”
- On the left side of page select “Waive Your School Health Insurance”
- Select year “2015-2016” school year
- Select “Waive Now”
- The next screen will ask for Date of Birth. This is **VERY IMPORTANT** follow the format below:
  
  Date of Birth: 02/02/0004  
  Student ID#: N00 XXXXXX

- Carefully read and answer the question regarding your insurance plan coverage. Coverage must be active for the dates written. If you have a Medicaid or other government funded plan, please answer ‘YES’ regardless of your recertification date.

- Enter **ALL** requested insurance information completely. Avoid abbreviating names of companies, leaving blanks or writing non-applicable (n/a).

- Waivers should be processed within 3 business days. Check for an email to ensure your waiver has been approved. Promptly respond to requests for additional information or follow-up on denials at [customerservice@firstriskadvisors.com](mailto:customerservice@firstriskadvisors.com) or call University Health Services at 202.274.5030.

Please activate your UDC email account prior to waiving. If you do not already have your UDC email account, please contact [support@udc.edu](mailto:support@udc.edu), call 202.274.5941, or visit Building 41, 3rd floor, Room 316. This is how we communicate with all students at the University.