**Step 5**

Maintain the Club

Follow these simple guidelines:

- Obtain project information
- Conduct regular organizational and project meetings
- Allow youth to make decisions
- Provide learning-by-doing activities
- Share information about current 4-H opportunities
- Involve club members in district, state, national and international 4-H activities
- Recognize achievement
- Build community relations
- Receive support as needed from Extension educator and other 4-H leaders

4-H Club is the Youth Development Program of your Land Grant university, the University of the District of Columbia/UDC. There are no membership fees to belong to 4-H. 4-H is conducted locally by the City Extension Office and caring volunteers.

If you would like more information about 4-H, contact the District of Columbia 4-H office:

**Rebecca Bankhead, MS**

4-H State Program Leader

E-mail: rbankhead@udc.edu

(202) 274-7081

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COOPERATIVE EXTENSION SERVICE

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**STEP 1**
Get Started
- Contact the 4-H office
- Discuss your needs
- Decide what you want to accomplish
- Participate in the selection process
- Attend 4-H leader training

**STEP 2**
Increase Community Awareness About & Interest In The 4-H Program
- Conduct an informational meeting (ask representatives for assistance)
- Excite youth and their families about 4-H
- Explain opportunities available through 4-H
- Ask youth and adults to share 4-H experiences
- Explain how a 4-H club operates
- Build interest and commitment

**STEP 3**
Establish A Support Base For The Club
- Ask adults and older teens to help
- Personally ask people to take active roles
- Recruit parents, other adults and older teens in the community as
  - Organizational leaders
  - Assistant leaders
  - Project leaders
  - Activity leaders

**STEP 4**
Conduct Club Organizational Meetings
Lay the foundation for a successful club
- Encourage members to select a club name
- Complete enrollment forms
- Develop a club annual plan
- Set up project groups
- Establish meeting times
- Discuss ground rules
- Elect officers
- Form committees

4-H Pledge
I Pledge
My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community,
my country and my world!

Anthony Bowen
4-H Club members.