INTERNSHIPS

MAXIMIZE YOUR LEARNING OPPORTUNITIES WITH A CAUSES INTERNSHIP FOR SPRING SEMESTER

To apply, submit the following:

- Cover letter of interest, addressing your skills and experience relevant to the internship
- Your resume
- The name and e-mail contact information for the faculty academic advisor from whom we will request a reference

Send your application electronically to eharrison@udc.edu or hand deliver to Building 44, Room 200-24 within the CAUSES office suite on the second floor

DEADLINE FOR APPLICATION: January 28

For Complete Internship Descriptions, Go to: http://www.udc.edu/docs/causes/intenships.pdf

UNIVERSITY OF THE DISTRICT OF COLUMBIA

COLLEGE OF AGRICULTURE, URBAN SUSTAINABILITY AND ENVIRONMENTAL SCIENCES

NURSING
NUTRITION
DIETETICS
HEALTH EDUCATION
PUBLIC HEALTH
ENVIRONMENTAL SCIENCE

APPLY NOW FOR 2013

Please note that these internships are unpaid
EnvironMentors Science Fair, where they have a chance to compete for college scholarships. and present lesson plans to an elementary school class, science fairs, and at the annualdevelop rigorous environmental science projects based on relevant environmental circumstances
school	year,	high	school	students,	working	with	professionals	in	the	environmental	science	fields,
in	becoming active stewards of their communities and the environment. Over the course of the
EnvironMentors
Number of students:
2-4 hours on designated days.
Duration:

Bridging the Generational Gap
The students will create an intergenerational project to encourage younger persons to work with
the older participants in the Institute of Gerontology programs. The project will have a theme and
will require both groups to work together. The ideal project will be a one-day event that may last
1-3 hours. At its conclusion, both groups will share what they have learned from their interaction.

Duration: Spring and Fall
Number of Students Needed: Two

The Box Lunch Project: Creating a Healthy and Affordable Option
Lunch menus that have been served at previous Institute of Gerontology in-service meetings will
be analyzed by the intern for nutritional content. Based on the findings, the student will design a
lunch menu based on selected criteria to be served to Institute Senior Volunteers aged 55 and
older. The intern will be asked to identify a possible vendor for the meal.

Duration: Spring and Fall
Number of Students Needed: Two

Special Projects: 4-H & the Center for Youth Development

Program Director: Rebecca Bankhead
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EnvironMentors is a sustainability-focused mentoring program that engages youth leaders in
becoming active stewards of their communities and the environment. Over the course of the
school year, high school students, working with professionals in the environmental science fields,develop rigorous environmental science projects based on relevant environmental circumstances in
their communities. Upon completion of their chosen research projects, the students develop and present lesson plans to an elementary school class, science fairs, and at the annual EnvironMentors Science Fair, where they have a chance to compete for college scholarships.

Duration: Spring, Summer and Fall
Number of students: Up to six

4-H STEM consists of specialized programs designed to introduce and encourage participation in Science, Technology, Engineering, and Math (STEM) disciplines among youth to selected schools in the District of Columbia. UDC interns will help students develop projects and organize a STEM Expo in the STEM Center on the UDC Campus to present the projects.

Duration: February through August. The part-time schedule varies between 2-4 hours on designated days.
Number of students: Two

LifeSmarts Consumer Education for Teenagers creates savvy consumers and develops marketplace skills among teens in a fun and engaging format. Complementing high school curricula, LifeSmarts is run as a game-show style competition for 9th through 12th grade students. UDC College students help high school youth prepare for a consumer education game show competition covering areas of finance, environmental science, health and safety, legal rights and responsibilities, and technology.

Duration: August-April
Number of Students Needed: Two

Health Rocks!® is a curriculum for healthy living targeted at young people ages 8 to 14. UDC students and high school teens will make presentations with interactive exercises for District elementary and middle-school youth on the dangers of using tobacco and drugs. A 4-H Soccer clinic/ tournament is planned for this program as well.

Duration: Summer
Number of students needed: Two
Special skills: Students interested in organizing a soccer tournament.

Operation Military Kids (OMK) serves children of deployed parents by hosting special events and training sessions to mobilize a support network consisting of youth, parents, and educators. UDC students will work with the OMK coordinator to make presentations to military youth about the deployment cycle. They will also implement 4-H based activities at designated events for military children.

Duration: Year-round
Number of Students needed: Two

4-H Living Interactive Family Education (4-H LIFE) is a youth development program that addresses the needs of children with incarcerated parents. The goal of the 4-H LIFE program is to provide a strong, healthy, and nurturing family environment while helping the incarcerated parents become positive role models. Students will assist children with incarcerated parents in completing 4-H science and fitness activities as they learn and grow. They will also implement programs with parents of the incarcerated youth inside the facilities.

Special skills: Ability to play a musical instrument for the 4-H music program with teens inside the DC Jail.
- Tutoring parents in completion of the GED requirements.

Duration: Summer
Number of Students needed: Two

4-H Clubs involve young people ages 5 through 19 in after-school programs, in developing knowledge, skills and attitudes that will enable them to become self-directing, responsible, productive citizens, and contributing members of society. UDC students will prepare middle- and high-school youth from DC schools for robotics competitions; to complete 4-H science, art, and music projects; and to engage in sewing, cooking and fitness activities.

Duration: Year-round, Monday through Friday. Hours to be determined
Number of Students needed: Two

4-H Summer Camp consists of hands-on learning projects designed for enrichment for youth ages eight through 13 during the summer months. Located on the campus of the University of the District of Columbia, the camp includes opportunities to explore new learning projects, develop new friendships, practice healthy eating and exercise, and have plenty of fun. UDC students will assist the trainers.

Duration: Although the camp takes place June 24- July 26, student assistance in scheduling, compiling materials, posting online information, and selecting projects takes place from October through June.
Number of Students needed: Two