PRESS RELEASE

Contact: Center for Nutrition, Diet and Health

Try Out Your Green Thumb at the 2014 Rooting DC Forum

The Center for Nutrition, Diet and Health (CNDH) of the University of the District of Columbia announces its participation in the 7th annual Rooting DC conference, a free, all-day gardening forum that provides education about urban food production and consumption to cultivate health and preserve the environment.

Joining CNDH will be a host of other panelists who, like CNDH, are deeply invested in food and agriculture within the district.

The event offers more than 70 workshops for beginner gardeners (e.g., seed starting, soil remediation, and irrigation), seasoned horticulturalists (e.g., beekeeping, mushroom cultivation, permaculture design), and citizens invested the larger food justice landscape. An information fair with over 50 green businesses and nonprofits will take place from 8:30 a.m. until 1:30 p.m. Stop by the UDC/CNDH table to exchange ideas and thoughts about nutrition education and learn about our newest endeavor, the Garden Harvest Nutrition Education Program.

The 2014 event will take place March 1st from 8:30 a.m. until 4:00 p.m. at Wilson Senior High School in Tenleytown, located at 3950 Chesapeake St NW, Washington, DC. Hosted by DC Greens and collaboratively designed with Capital Area Food Bank, City Blossoms, and Neighborhood Farm Initiative, the event typically draws over 800 attendees. Event sponsors include JBG Companies and Sweetgreen.

For more information on the event, visit www.rootingdc.org. Visit the Center for Nutrition, Diet and Health online.

About the University of the District of Columbia

An HBCU, urban land-grant, and the only public university in the nation's capital, The University of the District of Columbia is committed to a broad mission of education, research and community service. Established by abolitionist Myrtilla Miner in 1851, the University of DC offers Associate's, Bachelor's and Master's Degrees and a host of workplace development services designed to create opportunities for student success. The University is comprised of the College of Agriculture, Urban Sustainability and Environmental Sciences, College of Arts and Sciences, School of Business and Public Administration, School of Engineering and Applied Sciences, a Community College and the David A. Clarke School of Law. To learn more, visit www.udc.edu. The University of the District of Columbia is an Equal Opportunity/ Affirmative Action institution. Minorities, women, veterans and persons with disabilities are encouraged to apply. For a full version of the University's EO Policy Statement, please visit: http://www.udc.edu/equal_opportunity. The University of the District of Columbia is accredited by the Middle States Commission on Higher Education - 3624 Market Street - Philadelphia, PA 19104 - 267.284.5000.