



Sports Information Office

Bernard S. Payton
Sports Information Director
University of the District of Columbia
4200 Connecticut Avenue, NW
Washington, DC 20008
E-mail: bpayton@udc.edu
Phone: (202) 274-5064
Mobile: (202) 498-9400
FAX: (202) 274-5065
www.udcfirebirds.com

FOR IMMEDIATE RELEASE

November 30, 2009

TERRELL STOKES NAMED UDC
ASSISTANT MEN'S BASKETBALL COACH

Washington, DC-- University of the District of Columbia Director of Athletics Patricia A. Thomas has announced the appointment of Terrell M. Stokes as assistant coach of the UDC Men's Basketball Team. Stokes joined the staff of new Head Men's Basketball Coach Jeff Ruland and is helping re-build the Firebirds basketball program.

Coach Ruland said, "I am very fortunate to have Coach Stokes on my staff. He was highly recommended, and I've known him for several years. He is doing a terrific job of assisting me in re-building this program. He has been a God send."

Stokes most recently served four years as assistant men's basketball coach at Loyola College in Baltimore, Maryland where he helped the team to its first consecutive winning season in school history. Prior to his Loyola stint, Stokes served as an assistant men's basketball coach at Elizabeth City State University in Elizabeth City, North Carolina.

His other experiences include service as an instructor for the Montgomery Sports Association, Montgomery County, Maryland; head coach for the Montgomery Recreation League and individual instructor for the One on One Basketball program in the states of Maryland and Virginia.

Stokes is a 2002 graduate of the University of Maryland, where he was a three-year starting point guard for the Terrapin Basketball Team, leading them to two Sweet Sixteen Tournament appearances. While at Maryland, he was named All ACC Player, captain of the basketball team and currently holds several school records in assists and steals. Coach Stokes is also a graduate of Simon Gratz High School in Philadelphia, Pennsylvania.

-UDC-